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What is a Geriatric Care Manager? A geriatric care manager is a human services professional (for example, a social worker, gerontologist, counselor or nurse) who specializes in assisting older people and their families in meeting long-term care needs.

What Services do Geriatric Care Managers Provide? Individual care managers provide one or more of the following services:

- ▶ Conduct care-planning assessments to identify problems, eligibility for assistance, and need for services;
- ▶ Screen, arrange and monitor in-home help or other services;
- ▶ Provide crisis intervention;
- ▶ Act as a liaison to families at a distance;
- ▶ Assist with moving an older person to or from a retirement complex, care home, or nursing home;
- ▶ Offer counseling and support;
- ▶ Provide advocacy within the medical and government systems.

Care managers can also provide family or individual therapy, financial management, and conservatorship or guardianship assistance. And geriatric care managers have knowledge about the costs, quality, and availability of services in their community.

Selected Los Angeles County/South Bay Care Managers: The following is a listing of members of the National Association of Professional Geriatric Care Managers, 520-881-8008; www.caremanager.org, serving the Los Angeles County/South Bay. It is not a listing of all care managers serving the South Bay.

- Each listed care manager has advised H.E.L.P. that she does not accept referral fees, commissions or similar compensation from vendors or other service providers (home care agencies, assisted living facilities, board and care homes, nursing homes, etc.) who serve or may serve the care manager's clients.
- Ask the care manager about any affiliations she may have with other service providers.

Serving H.E.L.P.'s Los Angeles County and South Bay Service Area (in alphabetical order)

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<p>Bunni Dybnis, MA, MFT, CMC LivHOME 877 454-8466 Website: www.livhome.com</p>	<p>Krista Emery, BA, RN, CMC Caring Options 310 376-3205 Email: caringoption@yahoo.com</p>
<p>Karen G. Galas, BS, CSA, CMC HomeLife Partners, LLC 310 465-0100 Website: www.homelifepartners.com</p>	<p>Susan Geffen, MSG, JD, CMC Sage Consulting, Inc. 310-897-7437 Website: www.sageconsultinginc.info</p>
<p>Cheryl Matthieu, MSS, MSW, PHD, CMC Private Practice 562-233-7604 or 888-244-6499 Website: www.ultimateseniorsolutions.com</p>	<p>La'Keisha Phillips, MS, CMC EmpowerCare 562-920-0004 Website: www.empowercareonline.com</p>
<p>Emily S. Stuhlberg, CMC, MFCC, MA Emily Stuhlberg & Associates, Inc. 310 222-1044 Email: esanda@sbcglobal.net</p>	<p>Amy Wong, RN, CSA, CMC Senior Solutions 562-704-8179 Website: www.seniorsolutionsteaminc.com</p>